## **APV Checklist** Culture and Sports

HÖRESTA

When reviewing the questions, you should be aware of conditions in the work environment that are important to your health and safety. If you find work environment problems that may contribute to illnesses such as work accidents, poor working positions, and work pressure, you should include them when prioritizing and developing an action plan.

APV Questions	Yes	No
<b>Trips and falls</b> Is there a risk of tripping over clutter or cables, or because the floor is slippery, or outdoors due to ice?		
<b>Acute physical overload</b> Is there a risk of acute overload on the body when lifting, pulling, or pushing heavy items or materials?		
<b>Poor working positions</b> Do you work in a forward-bent posture or in other poor working positions? Do you sit for most of the workday, or do you stand and walk for many hours at a time?		
<b>Heavy lifting</b> Do you lift heavy equipment or materials?		
<b>High noise levels</b> Is there loud noise at the workplace, for example, from live music or the audience at bowling alleys, amusement parks, or sports venues, or from machines such as lawnmowers and cleaning machines at sports facilities?		
<b>High workload, time pressure, and unclear expectations</b> Do you often have too many tasks or face unclear job expectations?		
Help and support from management and colleagues Are you lacking help and support from your management and colleagues?		
<b>Psychological first aid</b> Is it unclear whether you will be offered psychological first aid if you experience or witness a robbery or a serious accident?		

<b>Offensive behavior</b> Are there employees at the workplace who are subjected to bullying, sexual harassment, discrimination, or other offensive actions by		
management or colleagues?		
<b>Temperature, cold, and drafts</b> Is it too hot or too cold in the workrooms, or is there a draft?		
<b>Air quality</b> Is the air quality in the rooms poor due to insufficient cleaning or ventilation?		
<b>Wet or damp hands</b> Do you work with wet or damp hands for more than two hours a day?		
<b>Hazardous substances and materials</b> Do you work with hazardous products such as cleaning agents, disinfectants, pesticides, gasoline, or oil products?		
Kindly add any relevant comments		
<b>Source</b> Danish Working Environment Authority (Arbejdstilsynet) https://apv.at.dk/	Work Environment in Denmark Arbejdstilsynet	
Translation by HORESTA	B B _	

APV Action Plan							
Describe the problem		Describe the solution	Assigned person	Deadline and priority			
<b>c</b> : .							
Signatures:							
Employer	Date	Employee	Date				